

Week 1 Individual Session: Eating & Cultures

Session Goals

- ❖ Discuss dining manners around the world
- ❖ Learn about street food in different countries

Pre-Session Instructions for Learner

- ❖ Watch [this video](#) about dining customs around the world and write down any words or phrases you don't understand. Be ready to talk about dining customs in your culture/country.

Week 2 Individual Session: Fashion & Beauty

Session Goals

- ❖ Reflect on beauty standards in your culture
- ❖ Discuss fashion and beauty standards across countries

Pre-Session Instructions for Learner

- ❖ Be ready to talk about beauty standards in your culture.

Week 3 Individual Session: Weddings & Romantic Relationships

Session Goals

- ❖ Learn about wedding traditions around the world
- ❖ Reflect on arranged marriage
- ❖ Discuss dating etiquette across countries and cultures

Pre-Session Instructions for Learner

- ❖ Be ready to talk about a wedding ceremony you've been to. If you've never been to a wedding, you can talk about a wedding ceremony you've heard of.

Week 4 Individual Session: Communication & Language

Session Goals

- ❖ Discuss common gestures across countries
- ❖ Reflect on what makes a language difficult to learn
- ❖ Discover popular emojis in different languages

Pre-Session Instructions for Learner

- ❖ N/A

Week 5 Individual Session: Stereotypes

Session Goals

- ❖ Discuss common stereotypes about different countries
- ❖ Reflect on the role of gender stereotypes in society
- ❖ Explain why people stereotype others

Pre-Session Instructions for Learner

- ❖ Watch [this video](#) about kids' opinions on being a boy or girl around the world and write down any words or phrases you don't understand. Be ready to talk about gender stereotypes in your culture/country.
- ❖ Watch [this video](#) about why people stereotype others and write down any words or phrases you don't understand.